

Exercises:

Having Fun with Communication

1. Hello!

- ✓ Turn to your partner and communicate “hello” three different ways.
- ✓ You may use words, written text, or your body.

2. Feelings

- ✓ Communicate a feeling to your partner without using verbal cues
- ✓ *Examples:* Sad, angry, happy, excited, jealous, confused, worried

3. “I love you”

- ✓ Take turns communicating “love” to each other without using verbal language